

Crystals and Their Uses:

Amber: Brings the purifying, revitalizing force of the sun and the absorptive, transmuting energy of the earth together to create a powerful tool. Draws disease out of the body and transforms it, clears negativity.

Amethyst: Spiritual uplifting.

Aquamarine: Remind one of the Ocean of Love and Mercy.

Aventurine: Helps heal the heart, lungs, and adrenals.

Amethyst: Inner alignment. Helps heal arthritis, hearing, and bones.

Azurite: Surfaces psychic blocks that form physical blocks; helps to let go of old belief systems. Helps heal throat, arthritis and joints, spleen, and spine.

Bloodstones: Helps heal all blood disorders, lungs, eyesight, and heart.

Carnelian: Balance creativity and mental processes. Helps asthma and blood pressure.

Citrine: Helps digestion, circulation.

Coral: Emotional balance.

Diamond: Increase personal clarity. Balances metabolism, detoxifies the body, and strengthens the eyesight.

Emerald: Physical and emotional healing - tranquilizing affect on the heart and mind, inspiring calm, clear assurance.

Hematite: Helps heal tumors and anemia.

Herkimer diamond: Protects against radiation, detoxes the body.

Jade: Strengthens the heart, kidneys and immune system. Helps cleanse the blood. Increases longevity and fertility. Aids in eye disorders and female problems.

Jaspar: Helps tissue regeneration and smell.

Kunzite: Heals the heart.

Lapis Lazuli: Strengthens the immune system.

Malachite: Harmony and balance

Moonstone: Absorbs pain and illness. Regenerates tissues and organs. Heals reproductive system.

Black Obsidian: Grounding stone.

Opal: See possibilities; discover a broader view. Heals and clears eyesight, balances metabolism.

Peridot: Strengthens, and regenerates all organs, stimulating new, healthy growth. Balances bio-rhythmic cycles. Protects the user from negativity. Helps heal infection, ulcers and thyroid.

Rhodonite: Emotional support. Helps one take the next step emotionally

Ruby: Helps heal the heart and all blood impurities. Detoxes the body.

Sapphire: Mental Clarity; clear mental garbage. Carrier of the Blue ray.

Sodalite: Protection from external negative energy.

Tourquoise: Strengthens and calms the mind and body.

Tiger's Eye: Helps heal wounds, bruises, eyes and throat.

Topaz: Helps to break up stagnation of energy within the body, assists with elimination of toxins.